

# OÖ Landesmeisterschaften - Lange Strecken 2016

06.05./07.05.2016

## Fortsetzung Bewerb 1 - 800m Freistil Damen

### Damen, Pflichtzeit: 10:39,20

5.	Pammer, Cornelia	2000	AUT	1. USC Traun	09:29,56	+25.39		652
RT +0.76 50m: 00:32,20, 100m: 01:07,38 (00:35,18), 150m: 01:43,64 (00:36,26), 200m: 02:19,48 (00:35,84)								
250m: 02:55,70 (00:36,22), 300m: 03:31,11 (00:35,41), 350m: 04:07,75 (00:36,64), 400m: 04:42,92 (00:35,17)								
450m: 05:19,62 (00:36,70), 500m: 05:55,41 (00:35,79), 550m: 06:32,30 (00:36,89), 600m: 07:08,08 (00:35,78)								
650m: 07:44,91 (00:36,83), 700m: 08:20,28 (00:35,37), 750m: 08:56,50 (00:36,22), 800m: 09:29,56 (00:33,06)								
14.	Gaubinger, Jana	2003	AUT	1. USC Traun	10:46,04	+01:41.87	RG	447
50m: 00:34,80, 100m: 01:14,09 (00:39,29), 150m: 01:54,93 (00:40,84), 200m: 02:35,20 (00:40,27)								
250m: 03:15,84 (00:40,64), 300m: 03:57,03 (00:41,19), 350m: 04:38,50 (00:41,47), 400m: 05:19,56 (00:41,06)								
450m: 05:59,92 (00:40,36), 500m: 06:41,52 (00:41,60), 550m: 07:22,93 (00:41,41), 600m: 08:03,53 (00:40,60)								
650m: 08:45,03 (00:41,50), 700m: 09:26,04 (00:41,01), 750m: 10:07,06 (00:41,02), 800m: 10:46,04 (00:38,98)								
24.	Trailovic, Maja	2003	AUT	1. USC Traun	11:07,27	+02:03.10	RG	406
RT +01.00 50m: 00:35,25, 100m: 01:14,07 (00:38,82), 150m: 01:55,12 (00:41,05), 200m: 02:36,86 (00:41,74)								
250m: 03:18,15 (00:41,29), 300m: 04:00,78 (00:42,63), 350m: 04:43,39 (00:42,61), 400m: 05:26,71 (00:43,32)								
450m: 06:09,22 (00:42,51), 500m: 06:52,55 (00:43,33), 550m: 07:35,65 (00:43,10), 600m: 08:19,02 (00:43,37)								
650m: 09:02,17 (00:43,15), 700m: 09:44,83 (00:42,66), 750m: 10:28,05 (00:43,22), 800m: 11:07,27 (00:39,22)								
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	Ofner, Julia	2002	AUT	1. USC Traun		n.a.Start		
Abgemeldet.								

### Junioren II, Pflichtzeit: 11:04,90

2.	Pammer, Cornelia	2000	AUT	1. USC Traun	09:29,56	+02.73		652
RT +0.76 50m: 00:32,20, 100m: 01:07,38 (00:35,18), 150m: 01:43,64 (00:36,26), 200m: 02:19,48 (00:35,84)								
250m: 02:55,70 (00:36,22), 300m: 03:31,11 (00:35,41), 350m: 04:07,75 (00:36,64), 400m: 04:42,92 (00:35,17)								
450m: 05:19,62 (00:36,70), 500m: 05:55,41 (00:35,79), 550m: 06:32,30 (00:36,89), 600m: 07:08,08 (00:35,78)								
650m: 07:44,91 (00:36,83), 700m: 08:20,28 (00:35,37), 750m: 08:56,50 (00:36,22), 800m: 09:29,56 (00:33,06)								

### Jugend und jünger, Pflichtzeit: 11:32,10

3.	Gaubinger, Jana	2003	AUT	1. USC Traun	10:46,04	+22.71		447
50m: 00:34,80, 100m: 01:14,09 (00:39,29), 150m: 01:54,93 (00:40,84), 200m: 02:35,20 (00:40,27)								
250m: 03:15,84 (00:40,64), 300m: 03:57,03 (00:41,19), 350m: 04:38,50 (00:41,47), 400m: 05:19,56 (00:41,06)								
450m: 05:59,92 (00:40,36), 500m: 06:41,52 (00:41,60), 550m: 07:22,93 (00:41,41), 600m: 08:03,53 (00:40,60)								
650m: 08:45,03 (00:41,50), 700m: 09:26,04 (00:41,01), 750m: 10:07,06 (00:41,02), 800m: 10:46,04 (00:38,98)								
10.	Trailovic, Maja	2003	AUT	1. USC Traun	11:07,27	+43.94		406
RT +01.00 50m: 00:35,25, 100m: 01:14,07 (00:38,82), 150m: 01:55,12 (00:41,05), 200m: 02:36,86 (00:41,74)								
250m: 03:18,15 (00:41,29), 300m: 04:00,78 (00:42,63), 350m: 04:43,39 (00:42,61), 400m: 05:26,71 (00:43,32)								
450m: 06:09,22 (00:42,51), 500m: 06:52,55 (00:43,33), 550m: 07:35,65 (00:43,10), 600m: 08:19,02 (00:43,37)								
650m: 09:02,17 (00:43,15), 700m: 09:44,83 (00:42,66), 750m: 10:28,05 (00:43,22), 800m: 11:07,27 (00:39,22)								
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	Ofner, Julia	2002	AUT	1. USC Traun		n.a.Start		
Abgemeldet.								

--- 2. Abschnitt ---

# OÖ Landesmeisterschaften - Lange Strecken 2016

## 06.05./07.05.2016

### Fortsetzung Bewerb 3 - 1500m Freistil Damen

#### Damen, Pflichtzeit: 20:31,90

2.	Pammer, Cornelia	2000	AUT	1.	USC Traun	18:29,03	+17.24	613
RT +0.76 50m: 00:33,66, 100m: 01:11,13 (00:37,47), 150m: 01:48,19 (00:37,06), 200m: 02:25,88 (00:37,69) 250m: 03:03,45 (00:37,57), 300m: 03:41,03 (00:37,58), 350m: 04:18,51 (00:37,48), 400m: 04:56,21 (00:37,70) 450m: 05:33,62 (00:37,41), 500m: 06:10,55 (00:36,93), 550m: 06:47,57 (00:37,02), 600m: 07:24,45 (00:36,88) 650m: 08:01,90 (00:37,45), 700m: 08:38,90 (00:37,00), 750m: 09:16,17 (00:37,27), 800m: 09:52,79 (00:36,62) 850m: 10:29,49 (00:36,70), 900m: 11:05,53 (00:36,04), 950m: 11:42,57 (00:37,04), 1000m: 12:19,06 (00:36,49) 1050m: 12:55,62 (00:36,56), 1100m: 13:33,01 (00:37,39), 1150m: 14:10,27 (00:37,26), 1200m: 14:47,75 (00:37,48) 1250m: 15:25,27 (00:37,52), 1300m: 16:02,88 (00:37,61), 1350m: 16:40,57 (00:37,69), 1400m: 17:17,63 (00:37,06) 1450m: 17:54,20 (00:36,57), 1500m: 18:29,03 (00:34,83)								

### Fortsetzung Bewerb 5 - 400m Freistil Damen

#### Schüler I

8.	Pammer, Miriam	2005	AUT	1.	USC Traun	05:55,45	+45.56	304
RT +0.61 50m: 00:40,31, 100m: 01:24,51 (00:44,20), 150m: 02:10,25 (00:45,74), 200m: 02:55,44 (00:45,19) 250m: 03:41,59 (00:46,15), 300m: 04:26,67 (00:45,08), 350m: 05:13,10 (00:46,43), 400m: 05:55,45 (00:42,35)								

### Fortsetzung Bewerb 6 - 400m Freistil Herren

#### Schüler II

2.	Hofer, Daniel	2004	AUT	1.	USC Traun	05:26,58	+04.79	305
RT +0.80 50m: 00:34,48, 100m: 01:16,15 (00:41,67), 150m: 01:59,82 (00:43,67), 200m: 02:40,93 (00:41,11) 250m: 03:23,98 (00:43,05), 300m: 04:06,05 (00:42,07), 350m: 04:48,04 (00:41,99), 400m: 05:26,58 (00:38,54)								
3.	Leitner, Patrik	2004	AUT	1.	USC Traun	05:35,70	+13.91	281
RT +0.83 50m: 00:34,96, 100m: 01:16,66 (00:41,70), 150m: 01:59,69 (00:43,03), 200m: 02:43,40 (00:43,71) 250m: 03:26,87 (00:43,47), 300m: 04:10,51 (00:43,64), 350m: 04:54,97 (00:44,46), 400m: 05:35,70 (00:40,73)								
5.	Linimayr, Christoph	2005	AUT	1.	USC Traun	05:41,92	+20.13	266
50m: 00:38,82, 100m: 01:22,52 (00:43,70), 150m: 02:06,73 (00:44,21), 200m: 02:51,71 (00:44,98) 250m: 03:35,92 (00:44,21), 300m: 04:20,07 (00:44,15), 350m: 05:02,89 (00:42,82), 400m: 05:41,92 (00:39,03)								
8.	Wituschek, Adrian	2004	AUT	1.	USC Traun	05:51,59	+29.80	245
RT +0.78 50m: 00:37,09, 100m: 01:19,55 (00:42,46), 150m: 02:03,69 (00:44,14), 200m: 02:49,36 (00:45,67) 250m: 03:35,54 (00:46,18), 300m: 04:22,88 (00:47,34), 350m: 05:08,18 (00:45,30), 400m: 05:51,59 (00:43,41)								

### Fortsetzung Bewerb 7 - 200m Lagen Damen

#### Schüler I

14.	Pammer, Miriam	2005	AUT	1.	USC Traun	03:27,08	+40.93	226
50m: 00:50,84, 100m: 01:44,29 (00:53,45), 150m: 02:43,52 (00:59,23), 200m: 03:27,08 (00:43,56)								

# OÖ Landesmeisterschaften - Lange Strecken 2016

## 06.05./07.05.2016

### Bewerb 8 - 200m Lagen Herren

#### Schüler II

1. Hofer, Daniel	2004 AUT	1. USC Traun	02:54,36		279
50m: 00:40,11, 100m: 01:22,79 (00:42,68), 150m: 02:17,84 (00:55,05), 200m: 02:54,36 (00:36,52)					
6. Linimayr, Christoph	2005 AUT	1. USC Traun	03:10,02	+15.66	215
50m: 00:44,67, 100m: 01:32,05 (00:47,38), 150m: 02:29,24 (00:57,19), 200m: 03:10,02 (00:40,78)					
7. Wituschek, Adrian	2004 AUT	1. USC Traun	03:11,85	+17.49	209
RT +0.69 50m: 00:44,68, 100m: 01:32,91 (00:48,23), 150m: 02:32,01 (00:59,10), 200m: 03:11,85 (00:39,84)					
10. Leitner, Patrik	2004 AUT	1. USC Traun	03:16,89	+22.53	194
RT +0.94 50m: 00:47,46, 100m: 01:37,40 (00:49,94), 150m: 02:34,72 (00:57,32), 200m: 03:16,89 (00:42,17)					

### Fortsetzung Bewerb 9 - 400m Lagen Damen

#### Damen, Pflichtzeit: 05:56,00

4. Pammer, Cornelia	2000 AUT	1. USC Traun	05:10,99	+19.05	650
RT +0.77 50m: 00:32,97, 100m: 01:14,47 (00:41,50), 150m: 01:56,20 (00:41,73), 200m: 02:36,44 (00:40,24) 250m: 03:20,02 (00:43,58), 300m: 04:04,24 (00:44,22), 350m: 04:38,68 (00:34,44), 400m: 05:10,99 (00:32,31)					
12. Trailovic, Maja	2003 AUT	1. USC Traun	06:00,31	+01:08.37	RG 418
RT +0.87 50m: 00:38,62, 100m: 01:26,84 (00:48,22), 150m: 02:14,04 (00:47,20), 200m: 03:00,21 (00:46,17) 250m: 03:51,42 (00:51,21), 300m: 04:42,26 (00:50,84), 350m: 05:22,44 (00:40,18), 400m: 06:00,31 (00:37,87)					
18. Gaubinger, Jana	2003 AUT	1. USC Traun	06:17,97	+01:26.03	RG 362
50m: 00:40,79, 100m: 01:30,37 (00:49,58), 150m: 02:21,71 (00:51,34), 200m: 03:07,65 (00:45,94) 250m: 04:01,28 (00:53,63), 300m: 04:54,77 (00:53,49), 350m: 05:37,34 (00:42,57), 400m: 06:17,97 (00:40,63)					
Ofner, Julia	2002 AUT	1. USC Traun		n.a.Start	
Abgemeldet.					

#### Junioren II, Pflichtzeit: 06:06,50

2. Pammer, Cornelia	2000 AUT	1. USC Traun	05:10,99	+01.12	650
RT +0.77 50m: 00:32,97, 100m: 01:14,47 (00:41,50), 150m: 01:56,20 (00:41,73), 200m: 02:36,44 (00:40,24) 250m: 03:20,02 (00:43,58), 300m: 04:04,24 (00:44,22), 350m: 04:38,68 (00:34,44), 400m: 05:10,99 (00:32,31)					

#### Jugend, Pflichtzeit: 06:20,80

4. Trailovic, Maja	2003 AUT	1. USC Traun	06:00,31	+21.18	418
RT +0.87 50m: 00:38,62, 100m: 01:26,84 (00:48,22), 150m: 02:14,04 (00:47,20), 200m: 03:00,21 (00:46,17) 250m: 03:51,42 (00:51,21), 300m: 04:42,26 (00:50,84), 350m: 05:22,44 (00:40,18), 400m: 06:00,31 (00:37,87)					
9. Gaubinger, Jana	2003 AUT	1. USC Traun	06:17,97	+38.84	362
50m: 00:40,79, 100m: 01:30,37 (00:49,58), 150m: 02:21,71 (00:51,34), 200m: 03:07,65 (00:45,94) 250m: 04:01,28 (00:53,63), 300m: 04:54,77 (00:53,49), 350m: 05:37,34 (00:42,57), 400m: 06:17,97 (00:40,63)					

Ofner, Julia	2002 AUT	1. USC Traun		n.a.Start	
Abgemeldet.					